



## **DRUG TESTING POLICY**

Frisco ISD will be continuing the drug and /or alcohol-testing program that began in the 2000-2001 school year. All students participating in athletics at FISD high schools are required to comply with the random drug/alcohol screening policy approved by the FISD Board of Trustees.

### **Purpose**

The Frisco I.S.D. Board of Trustees is strongly committed to drug prevention education, to the creation of a safe environment, and to providing a climate where all students can reach their potential.

The use of alcohol and illegal drugs presents a threat to the safety, health, and welfare of both our employees and our students. Because of the risks associated with such abuse, the board supports a student testing program for drugs and alcohol.

It is the District's hope and intent that this program will encourage students to avoid the use of drugs or alcohol and to provide those who choose to use drugs and alcohol a reason to stop. Helping those students in need is the District's primary concern. The support of parents and community is vital to the success of this program.

### **Alcohol/Drug Testing for Athletes**

Athletics are school sponsored activities that are not directly related to instruction of essential knowledge and skills, but may have an indirect relation to some areas of the curriculum. Participation in athletics is a privilege, not a right. Students shall meet specific requirements in order to participate in these activities. The District shall require all participants in athletics grades 9-12 to undergo random drug and alcohol testing.

### **Required Permission**

In order for a student to participate in athletics, both the student and a parent or guardian must annually sign a consent form agreeing to be subject to rules and procedures of the FISD drug testing program. If the student is of legal age, then only the student will be required to sign the consent form. A student who volunteers to be tested must also have a consent form signed by both the student and a parent or guardian. A student of legal age who volunteers to be tested may sign his or her own consent form.

### **Testing Procedures**

Testing shall be done in accordance with accepted practices and procedures established by the certified drug-testing laboratory contracted by the District. The testing parameters shall be set at industry standards as defined by the National Institute for Drug Abuse. Following a positive test result, the specimen collection and chain of custody form will be provided to the parent of the student upon request.

The district will make a list of the exact substances for which tests will be conducted available to students and parents upon request. The District reserves the right to test for, but not limited to, cannabinoids, cocaine, opiates, benzodiazepines, phencyclidine, amphetamines, ecstasy, all 4 types, methadone, creatinine, BUN, pH, inhalants and/or

psilocybin, esoteric drugs (designer drugs e.g. K2 and salvia) and all other illegal or addictive drugs. Athletes in grades 9-12 shall be tested on a random basis throughout the school year. A student who refuses to be tested (including students who have been determined to have made an attempt to avoid random testing by leaving campus or avoiding test administrators) when selected or who is determined to have tampered with a sample shall be deemed to have a positive test result and shall be subject to appropriate consequences.

## Privacy

Students shall be protected to the maximum extent possible. Testing results shall be sent directly to the District. The contracted laboratory shall notify the Athletic Director of the results. Records of test results shall be kept confidential and provided only to the student, the student's parents, and designated District officials responsible for administering the drug-testing program. Upon written request of parents/guardians or a student of legal age, records may be released to treatment facilities.

## Prescription Medications

Information about a student's current prescriptions and use of over the counter drugs is necessary in order to ensure the accuracy of testing results. Parents and athlete should submit the FISD Drug Testing Acknowledgement form with all medications (prescribed and/or over-the-counter) taken by the athlete listed on the back of the form.

If selected for screening, the athlete is responsible for notifying the drug testing representative, at the time the Chain of Custody form is being filled out, of any and all medications currently being taken (prescribed and/or over-the-counter). Failure to submit such information may result in a false positive test. When an athlete tests positive for a prescription medication, a note from the prescribing physician will suffice as evidence to counteract a Positive test as long as said medication was listed on the Chain of Custody form at the time of testing.

## Consequences of Positive Testing

**Consequences of an initial confirmed positive test result shall be as follows:**

1. The coach will notify the parent/guardian of the positive test result and the pending consequences of the positive test.
2. Upon parent request, the student may be referred to the campus counseling center.
3. The student will be suspended from participation in extracurricular competitions for the next 2 calendar weeks in which competitions the student would otherwise participate in occur. The suspension will be carried over from one season to the next if there are not 2 calendar weeks in which competitions occur remaining in the season.
4. Prior to returning to participate in any athletic competition, follow-up tests will be conducted and the level of the illegal substance must have declined since the previous test.
5. If a follow up test indicates an increased level or the original illegal substance since the original positive result, or the presence of an additional illegal substance not found on the original positive result, the student will be deemed to have received an additional positive test result.
6. The student/athlete must also participate in retesting with each random testing group for one calendar year from the date of suspension.

**Consequences of a second confirmed positive test result shall be as follows:**

1. The coach will notify the parent/guardian of the positive test result and the pending consequences of the positive test.
2. Upon parent request, the student may be referred to the campus counseling center.
3. The student will be suspended from participation in extracurricular competitions for the next 5 calendar weeks in which competitions the student would otherwise participate in occur. The suspension will be

carried over from one season to the next if there are not 5 calendar weeks in which competitions occur remaining in the season.

4. Prior to returning to participate in any athletic competition, follow-up tests will be conducted and the level of the illegal substance must have declined since the previous test.
5. If a follow up test indicates an increased level or the original illegal substance since the original positive result, or the presence of an additional illegal substance not found on the original positive result, the student will be deemed to have received an additional positive test result.
6. The student/athlete must also participate in retesting with each random testing group for one calendar year from the date of suspension.

**Consequence of a third and any subsequent confirmed positive test result:**

1. The coach will notify the parent/guardian of the positive test result and the pending consequences of the positive test.
2. Upon parent request, the student may be referred to the campus counseling center.
3. The student will be suspended from participation in extracurricular competitions for one calendar year from the date of the positive test.
4. If the student wishes to return to competition upon the completion of their suspension, then the student, parent/guardian and coach may collectively determine the student should remain in the athletic program during the one-year suspension from competition. The student/athlete must also participate in retesting with each random testing group during the one calendar year suspension.
5. A student who opts out of the athletic program, but wishes to return to the program, must notify their coach of their intent to return. The student requesting a return to the program will need to test negative for drugs prior to their return.
6. A student who opts out of the athletic program, but then is allowed to return, must participate in retesting with each random testing group for one calendar year from the date of their return to the program.

### **Appeals Process for Positive Results**

A student who receives a positive result will be permitted to retain an appropriately licensed laboratory to conduct an independent chemical analysis on the original sample. This must be requested by the parent and will be at the parent's expense. The original testing lab will be responsible for securely delivering the original sample to the secondary lab for evaluation.

When steroid testing is conducted by Frisco ISD, any consequences will be assigned according to Fisd Code of Conduct for Athletic Activity Involvement.

Medication List

BY PLACING A MARK IN THE BOX ON THE PREVIOUS PAGE, THE PARENTS/GUARDIANS OF THE ATHLETE ACKNOWLEDGE RECEIPT OF THE INFORMATION ABOVE, AND AGREE TO ABIDE BY THESE EXPECTATIONS ABOVE AT ALL TIMES INCLUDING PRACTICES AND GAMES.