

# ATHLETIC INJURY PROTOCOL FOR WAKELAND HIGH SCHOOL

- 🚑 The athlete is to report every injury to the Athletic Trainers.
- 🚑 If the athlete realizes later at night that they have an injury, they are to report it to the Athletic Training staff during Morning Treatments the following morning. If it becomes an emergency, seek medical care at the nearest hospital Emergency Room.
- 🚑 **For middle school athletes only:** If an Athletic Trainer is not on site, report your injury to your coach.
- 🚑 If further medical attention/evaluation is necessary, the Athletic Trainer's will work in conjunction with our team physicians and/or other doctors regarding treatment of the athlete.
- 🚑 The athlete must return a signed and dated release from a Medical Physician to the Athletic Trainers before being released back into Athletics. Parental Authorization and/or notification will not be accepted.
- 🚑 TRAINING ROOM TREATMENT TIMES:
  - FIELDHOUSE TRAINING ROOM:
    - ✂ M, T, W, TH, F: 7:30AM- 9:00AM (No treatments starting after 8:15am)
    - ✂ MON.: 7:30am-8:00am- Morning Doctor's Clinic
  - GYM TRAINING ROOM:
    - ✂ M-F: 9:00AM-10:30AM (by Appointment only)